



You Me Sushi Allergens Matrix (October 2022)

PLEASE BE AWARE WE HANDLE SEVERAL ALLERGENS IN OUR KITCHENS AND CANNOT GUARANTEE THAT OUR DISHES ARE ALLERGEN FREE

CATEGORY	PRODUCT	ALLERGENS MATRIX
Appetisers	Chicken Tempura	Soybeans, Wheat
	Chicken Katsu Bites	Wheat, Eggs
	Edamame plain	Soybeans
	Edamame salty	Soybeans
	Edamame spicy	Soybeans
	Miso Aubergine	Soybeans, Wheat
	Miso Soup	Soybeans, Sesame seeds
	Prawn Katsu 4pcs	Crustaceans, Wheat
	Prawn Katsu 8pcs	Crustaceans, Wheat
	Seaweed Salad	Soybeans, Wheat, Sesame seeds
	Vegan Chicken Bites	Soybeans, Wheat
	Vegetable Gyoza	Soybeans, Wheat
	Chicken Gyoza	Sesame seeds, Soybeans, Wheat, Sulphur dioxide
	Prawn Gyoza	Crustaceans, Eggs, Sesame seeds, Wheat, Sulphur dioxide
	Mix Gyoza Platter	Sesame seeds, Soybeans, Wheat, Crustaceans, Eggs
Sashimi	Salmon Sashimi	Fish, Soybean, Wheat, Mustard
	Tuna Sashimi	Fish, Soybean, Wheat, Mustard
	Seared Salmon Sashimi	Fish, Sesame seeds, Soybean, Wheat, Mustard
	Seared Tuna Sashimi	Fish, Sesame seeds, Soybean, Wheat, Mustard
	Sashimi Platter	Fish, Soybeans, Wheat, Sesame seeds, Mustard
	Mini Sashimi Platter	Fish, Soybean, Wheat, Mustard
Nigiri	Freshwater Eel Nigiri	Wheat, Fish, Molluscs, Soybeans, Sesame seeds, Mustard
	Japanese Omelette Nigiri	Wheat, Eggs, Soybean, Mustard
	Prawn Nigiri	Wheat, Crustaceans, Sulphur dioxide, Soybean, Mustard
	Salmon & Cream Cheese Nigiri	Wheat, Fish, Milk, Soybean, Mustard
	Salmon Nigiri	Wheat, Fish, Soybean, Mustard
	Tuna Nigiri	Wheat, Fish, Soybean, Mustard
	Sweet Tofu Pouch	Wheat, Soybeans, Mustard
Flying Fish Roe Gunkan	Wheat, Fish, Soybean, Mustard	
Maki	Cucumber Maki	Wheat, Soybean, Mustard
	Avocado Maki	Wheat, Soybean, Mustard
	Prawn & Avocado Maki	Wheat, Crustaceans, Sulphur dioxide, Soybean, Mustard
	Salmon & Avocado Maki	Wheat, Fish, Soybean, Mustard
	Salmon Maki	Wheat, Fish, Soybean, Mustard
	Tuna & Avocado Maki	Wheat, Fish, Soybean, Mustard
	Tuna Maki	Wheat, Fish, Soybean, Mustard
Uramaki	California Uramaki	Wheat, Eggs, Fish, Soybeans, Mustard
	Chicken Teriyaki Uramaki	Wheat, Soybeans, Sulphur dioxide, Sesame seeds, Mustard
	Crispy Salmon Skin Uramaki	Wheat, Fish, Sesame seeds, Soybean, Mustard
	Prawn Katsu & Avocado Uramaki	Wheat, Crustaceans, Eggs, Mustard, Soybeans, Sesame seeds
	Salmon & Avocado Uramaki	Wheat, Fish, Sesame seeds, Soybean, Mustard
	Southbank Uramaki	Wheat, Fish, Soybeans, Mustard
	Spicy California Uramaki	Wheat, Eggs, Fish, Soybeans, Mustard, Sesame seeds
	Spicy Tuna Uramaki	Wheat, Fish, Eggs, Mustard, Soybeans, Sesame seeds
	Vegan Roll Uramaki	Wheat, Soybeans, Sesame seeds, Mustard
	Vegetable & Cream Cheese Uramaki	Wheat, Milk, Soybeans, Mustard
Vegetable Tempura Uramaki	Wheat, Soybeans, Sesame seeds, Mustard	
Crazy Crunchy Rolls	Crazy Crunchy Chicken Katsu	Wheat, Eggs, Soybeans, Sulphur dioxide, Sesame seeds, Mustard
	Crazy Crunchy Eel	Wheat, Fish, Molluscs, Soybeans, Sesame seeds, Mustard
	Crazy Crunchy Prawn Katsu	Wheat, Crustaceans, Eggs, Mustard, Soybeans, Sesame seeds
	Crazy Crunchy Salmon	Wheat, Fish, Eggs, Mustard, Soybeans, Sesame seeds
	Crazy Crunchy Soft Shell Crab	Wheat, Crustaceans, Fish, Eggs, Mustard, Soybeans, Sesame seeds
	Crazy Crunchy Vegan	Wheat, Soybeans, Sulphur dioxide, Sesame seeds, Mustard
Temaki	Avocado Temaki	Wheat, Eggs, Mustard, Soybeans, Sesame seeds
	Crabstick & Avocado Temaki	Wheat, Eggs, Fish, Soybeans, Mustard
	Eel, Cucumber & Avocado Temaki	Wheat, Fish, Molluscs, Soybeans, Sesame seeds, Mustard
	Prawn Katsu Temaki	Wheat, Crustaceans, Eggs, Mustard, Soybeans, Sesame seeds
	Salmon & Avocado Temaki	Wheat, Fish, Sesame seeds, Soybean, Mustard
	Soft Shell Crab Temaki	Crustaceans, Wheat, Fish, Eggs, Mustard, Soybeans, Sesame seeds
	Spicy Tuna Temaki	Wheat, Fish, Eggs, Mustard, Soybeans, Sesame seeds

CATEGORY	PRODUCT	ALLERGENS MATRIX
Speciality Roll	California Crunchy	Wheat, Eggs, Fish, Soybeans, Mustard, Sesame seeds
	Crunchy Salmon	Wheat, Fish, Eggs, Mustard, Soybeans, Sesame seeds
	Firecracker Roll	Wheat, Fish, Eggs, Mustard, Soybeans, Sesame seeds, Crustaceans
	Large Crunchy Spicy Tuna	Wheat, Fish, Eggs, Mustard, Soybeans, Sesame seeds
	Rainbow Roll	Wheat, Eggs, Fish, Soybeans, Mustard
	Spicy Rainbow Roll	Wheat, Eggs, Mustard, Soybeans, Sesame seeds, Fish, Crustaceans, Sulphur dioxide
	Dragon Roll	Wheat, Crustaceans, Fish, Milk, Soybeans, Mustard
	Tokyo Roll	Wheat, Eggs, Mustard, Soybeans, Sesame seeds, Fish
	Volcano Roll	Wheat, Eggs, Mustard, Soybeans, Sesame seeds, Fish
	Spicy Volcano Roll	Wheat, Eggs, Mustard, Soybeans, Sesame seeds, Fish
Sushi Boxes & Platters	Choice Box	Soybeans, Wheat, Fish, Eggs, Mustard, Sesame seeds
	Omega 3 Box	Wheat, Fish, Sesame seeds, Soybeans, Mustard
	Deluxe Box	Wheat, Fish, Sesame seeds, Soybeans, Mustard
	Detox Box	Wheat, Fish, Sesame seeds, Soybeans, Eggs, Mustard
	Lush Box	Soybeans, Wheat, Fish, Sesame seeds, Mustard
	Salmon Box	Wheat, Fish, Eggs, Soybeans, Mustard, Sesame seeds
	Super Box	Wheat, Fish, Eggs, Soybeans, Mustard, Sesame seeds
	Veggie Box	Wheat, Eggs, Soybeans, Sesame seeds, Mustard
	YouMe Nigiri Box	Wheat, Fish, Sesame seeds, Soybeans, Crustaceans, Sulphur dioxide, Mustard
	Sea Platter	Wheat, Crustaceans, Sulphur dioxide, Fish, Eggs, Mustard, Soybeans, Sesame seeds
	Party Box (Platter)	Wheat, Fish, Sesame seeds, Eggs, Mustard, Soybeans, Crustaceans, Sulphur dioxide
	Spring Box (Platter)	Wheat, Eggs, Soybeans, Sesame seeds, Milk, Mustard
	Love Box (Platter)	Wheat, Crustaceans, Sulphur dioxide, Fish, Eggs, Mustard, Soybeans, Sesame seeds
Poke	Chicken Katsu Poke	Wheat, Eggs, Soybeans, Sesame seeds, Mustard
	Salmon & Crabstick Poke	Wheat, Soybeans, Sesame seeds, Eggs, Fish, Mustard
	Salmon Poke	Wheat, Soybeans, Fish, Sesame seeds, Mustard
	Tuna Poke	Wheat, Fish, Soybeans, Sesame seeds, Mustard
	Vegan Poke	Wheat, Soybeans, Sesame seeds, Mustard
	Soup	Chicken Ramen Noodle Soup
Seafood Ramen Noodle Soup		Wheat, Soybeans, Molluscs, Fish, Eggs, Crustaceans
Small Chicken Ramen Noodle Soup		Wheat, Fish, Soybeans, Sesame seeds, Eggs
Small Seafood Ramen Noodle Soup		Wheat, Soybeans, Molluscs, Eggs, Fish, Crustaceans
Small Veggie Ramen Noodle Soup		Wheat, Soybeans, Egg
Hot Food		Chicken Katsu Curry - Rice
	Chicken Katsu Curry - Noodles	Wheat, Barley, Soybeans, Eggs, Sesame seeds
	Chicken Teriyaki - Noodles	Wheat, Soybeans, Sulphur dioxide, Sesame seeds, Egg
	Chicken Teriyaki - Rice	Soybeans, Wheat, Sulphur dioxide, Sesame seeds
	Miso Aubergine - Noodle	Wheat, Soybeans, Sesame seeds, Egg
	Miso Aubergine - Rice	Soybeans, Wheat, Sesame seeds
	Salmon Teriyaki - Noodles	Wheat, Soybeans, Sulphur dioxide, Fish, Sesame seeds, Egg
	Salmon Teriyaki - Rice	Soybeans, Wheat, Sulphur dioxide, Fish, Sesame seeds
	Tofu Curry - Rice	Wheat, Barley, Soybeans, Sesame seeds
	Tofu Curry - Noodles	Wheat, Barley, Soybeans, Eggs, Sesame seeds
Vegan Sushi	Vegan Chicken katsu - Rice	Soybeans, Wheat, Barley, Sesame seeds
	Vegan Chicken Teriyaki - rice	Soybeans, Wheat, Sulphur dioxide, Sesame seeds
	Vegan Deluxe Box	Wheat, Sesame seeds, Soybean, Mustard
	Vegan Detox Box	Wheat, Sesame seeds, Soybeans, Mustard
	Vegan California Roll	Wheat, Sesame seeds, Soybeans, Mustard
	Spicy Vegan Rainbow Roll	Wheat, Soybeans, Sesame seeds, Mustard
	Vegan Dragon Roll	Wheat, Soybeans, Mustard
	Vegan Salmon Box	Wheat, Sesame seeds, Soybeans, Mustard
	Vegan Salmon Uramaki	Wheat, Sesame seeds, Soybean, Mustard
	Vegan Super Love Platter	Wheat, Sesame seeds, Soybeans, Mustard
Sauce pots	Sesame Sauce	Soybeans, Wheat, Sesame seeds
	Spicy Mayo	Eggs, Mustard, Soybeans, Wheat, Sesame seeds
	Teriyaki Sauce	Soybeans, Wheat, Sulphur dioxide
	Wasabi Mayo	Eggs, Mustard, Soybeans, Wheat
	Hot Chilli Sauce pot	N/A
	Sweet Chilli Sauce pot	N/A
	Tonkatsu Sauce Pot	N/A
	Unagi Sauce Pot	Soybeans, Wheat
	Crispy Onion	Wheat
	Soy Sauce	Wheat, Soybeans
Wasabi	Mustard	
Ginger	N/A	
Tempura Flakes	Wheat	