

PLEASE BE AWARE WE HANDLE SEVERAL ALLERGENS IN OUR KITCHENS AND CANNOT GUARANTEE THAT OUR DISHES ARE ALLERGEN FREE

CATEGORY	PRODUCT	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Soya	Sesame	Sulphur Dioxide
Appetisers	Chicken Katsu Bites		Wheat		⊕								⊕		
	Edamame plain												⊕		
	Edamame salty												⊕		
	Edamame spicy												⊕		
	Miso Soup												⊕		
	Prawn Katsu (4 & 8 pcs)		Wheat	⊕	⊕								⊕		
	Vegetable Gyoza		Wheat										⊕	⊕	
	Chicken Gyoza		Wheat										⊕	⊕	
	Prawn Gyoza		Wheat	⊕	⊕									⊕	
	Japanese Fried Chicken		Wheat			⊕							⊕	⊕	
	Spicy Japanese Fried Chicken		Wheat				⊕						⊕	⊕	
Seaweed Pot												⊕	⊕		
White Rice													⊕		
Sashimi	Salmon Sashimi		Wheat			⊕				⊕			⊕		
	Tuna Sashimi		Wheat			⊕				⊕			⊕		
	Sashimi Platter		Wheat			⊕				⊕			⊕	⊕	
Nigiri	Japanese Omelette Nigiri		Wheat		⊕					⊕			⊕		
	Prawn Nigiri		Wheat	⊕						⊕			⊕		
	Salmon Nigiri		Wheat			⊕				⊕			⊕		
	Tuna Nigiri		Wheat			⊕				⊕			⊕		
	Sweet Tofu Pouch		Wheat							⊕			⊕		
	Flying Fish Roe Gunkan		Wheat			⊕				⊕			⊕		
Maki	Cucumber Maki		Wheat							⊕			⊕		
	Avocado Maki		Wheat							⊕			⊕		
	Salmon Maki		Wheat			⊕				⊕			⊕		
	Tuna Maki		Wheat			⊕				⊕			⊕		
Uramaki	California Uramaki		Wheat	⊕	⊕	⊕				⊕			⊕		
	Chicken Katsu		Wheat		⊕					⊕			⊕	⊕	
	Prawn Tempura Uramaki		Wheat	⊕	⊕					⊕			⊕	⊕	
	Salmon & Avocado Uramaki		Wheat			⊕				⊕			⊕	⊕	
Handroll	Spicy Tuna Uramaki		Wheat		⊕	⊕				⊕			⊕	⊕	
	Avocado Handroll		Wheat		⊕					⊕			⊕	⊕	
	California Handroll		Wheat	⊕	⊕	⊕				⊕			⊕	⊕	
	Prawn Tempura Handroll		Wheat	⊕	⊕					⊕			⊕	⊕	
	Salmon & Avocado Handroll		Wheat		⊕	⊕				⊕			⊕	⊕	
	Spicy Tuna Handroll		Wheat		⊕	⊕				⊕			⊕	⊕	
Desserts	Mochi (ALL Flavours)							⊕					⊕		
	Dorayaki (ALL Flavours)		Wheat		⊕			⊕							
Speciality Roll	Crunchy Salmon		Wheat		⊕	⊕				⊕			⊕	⊕	
	Rainbow Roll		Wheat	⊕	⊕	⊕				⊕			⊕		
	Spicy Rainbow Roll		Wheat	⊕	⊕	⊕				⊕			⊕	⊕	
	Dragon Roll		Wheat	⊕		⊕				⊕			⊕		
	Volcano Roll		Wheat		⊕	⊕				⊕			⊕		
	Spicy Volcano Roll		Wheat		⊕	⊕				⊕			⊕	⊕	
	Crunchy California		Wheat	⊕	⊕	⊕				⊕			⊕	⊕	
Sushi Boxes & Platters	Salmon Box		Wheat	⊕	⊕	⊕				⊕			⊕	⊕	
	Happy Vegan		Wheat							⊕			⊕	⊕	
	Omega 3 Box		Wheat			⊕				⊕			⊕	⊕	
	Deluxe Box		Wheat			⊕				⊕			⊕	⊕	
	YouMe Nigiri Box		Wheat	⊕		⊕				⊕			⊕	⊕	
	Super Box		Wheat			⊕				⊕			⊕	⊕	
	Detox Box		Wheat	⊕	⊕	⊕				⊕			⊕	⊕	
	Sushi Delight		Wheat			⊕				⊕			⊕		
	California Box		Wheat	⊕	⊕	⊕				⊕			⊕		
	Salmon 3 Way		Wheat			⊕				⊕			⊕	⊕	
	Sweet Green		Wheat							⊕			⊕	⊕	
	Surf n Turf		Wheat	⊕	⊕	⊕				⊕			⊕	⊕	
	Katsu Sushi		Wheat			⊕				⊕			⊕	⊕	
	The LA Box		Wheat	⊕	⊕	⊕				⊕			⊕	⊕	
	Sea Platter		Wheat	⊕	⊕	⊕				⊕			⊕	⊕	
	Party Box (Platter)		Wheat	⊕	⊕	⊕		⊕		⊕			⊕	⊕	
	Spring Box (Platter)		Wheat		⊕			⊕		⊕			⊕	⊕	
	Love Box (Platter)		Wheat	⊕	⊕	⊕		⊕		⊕			⊕	⊕	
	Monster Box (Platter)		Wheat	⊕	⊕	⊕				⊕			⊕	⊕	
Poke	Salmon Poke		Wheat			⊕							⊕	⊕	
	Tuna Poke		Wheat			⊕							⊕	⊕	
	Vegan Poke		Wheat										⊕	⊕	



## You Me Sushi Allergens Matrix (3rd of March 2026)

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CATEGORY	PRODUCT	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Soya	Sesame	Sulphur Dioxide
Hot Food	Chicken Katsu Curry - Rice		Wheat		*								*	*	
	Chicken Teriyaki Fix - Rice		Wheat										*	*	
	Korean BBQ Chicken - Rice		Wheat										*	*	
	Japanese Fried Chicken - Rice		Wheat			*							*	*	
	Thai Sweet Chilli Chicken - Rice		Wheat										*	*	
	Tofu Katsu Curry - Rice		Wheat										*	*	
	Tofu Teriyaki Fix - Rice		Wheat										*	*	
	Korean BBQ Tofu - Rice		Wheat										*	*	
	Japanese Fried Tofu - Rice		Wheat			*							*	*	
	Thai Sweet Chilli Tofu - Rice		Wheat										*	*	
	Chicken Katsu Curry - Noodle		Wheat			*							*	*	
	Chicken Teriyaki Fix - Noodle		Wheat										*	*	
	Korean BBQ Chicken - Noodle		Wheat										*	*	
	Japanese Fried Chicken - Noodle		Wheat				*						*	*	
	Thai Sweet Chilli Chicken - Noodle		Wheat										*	*	
	Tofu Katsu Curry - Noodle		Wheat										*	*	
	Tofu Teriyaki Fix - Noodle		Wheat										*	*	
	Korean BBQ Tofu - Noodle		Wheat										*	*	
	Japanese Fried Tofu - Noodle		Wheat				*						*	*	
	Thai Sweet Chilli Tofu - Noodle		Wheat										*	*	
Chicken Gyoza Ramen Broth		Wheat			*							*	*		
Prawn Gyoza Tom Yum Broth		Wheat		*	*	*						*	*		
Vegan Sushi	Vegan Deluxe Box		Wheat							*			*	*	
	Vegan Detox Box		Wheat							*			*	*	
	Vegan California Roll		Wheat							*			*	*	
	Vegan Dragon Roll		Wheat							*			*	*	
	Vegan Salmon Box		Wheat							*			*	*	
	Vegan Salmon Uramaki		Wheat							*			*	*	
	Vegan Tuna Uramaki		Wheat							*			*	*	
	Vegan Super Love Platter		Wheat							*			*	*	
Sauce pots	Sesame Sauce		Wheat										*	*	
	Spicy Mayo		Wheat		*									*	
	Teriyaki Sauce		Wheat										*		
	Sriracha														
	Sweet Chilli Sauce														
	Crispy Onion		Wheat												
	Soy Sauce		Wheat										*		
	Wasabi Paste									*					
	Lava Sauce		Wheat			*		*					*		
	Ginger														
	Tempura Flakes		Wheat												
Curry Sauce		Wheat										*			
Katsu Mayo		Wheat			*							*			